



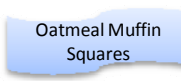
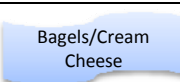
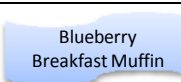
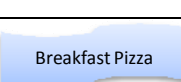



Lewis County Schools Hot Lunch Menu



Aug/Sept
2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p>23 </p> <p>Chicken Nuggets Mashed Potatoes Green Beans Wheat Roll Fresh Fruit</p>	<p>24 </p> <p>Pizza Garden Salad Corn Fruit </p>	<p>25 </p> <p>Pepperoni Roll Macaroni & Cheese Broccoli & Cauliflower Watermelon  Yogurt </p>	<p>26 </p> <p>Spaghetti w/meatsauce Wheat Roll Garden Salad Fruit Jello</p>	<p>27 </p> <p>Taco Salad Refried Beans Sr Cream/Salsa Banana Bread Squares Fresh Fruit</p>
<p>30 </p> <p>Pepperoni Roll Broccoli Salad Carrot/Celery Sticks Fresh Fruit  Sugar Cookie</p>	<p>31 </p> <p>Sloppy Joe Tator Tots Peas Fresh Fruit</p>	<p>1 </p> <p>Turkey & Ham Sand Pasta Salad Baked Beans Fruit Oatmeal Muffin Squares</p>	<p>2 </p> <p>Baked Steak/Gravey Mashed Potatoes Green Beans Wheat Roll Fresh Fruit</p>	<p>3 </p> <p>End Of Summer BBQ All American Hamburgers Diversity Cup(let, tom, pick) Liberty Tator Tots Betsy Ross Baked Beans Democracy Fruit</p>
<p>6 No School LABOR DAY</p>	<p>7 </p> <p>Ham Scalloped Potatoes Broccoli Wheat Roll Fruit</p>	<p>8 </p> <p>Baked Cod Baked Potato Carrots Wheat Roll Fresh Fruit Selection</p>	<p>9 </p> <p>Grilled Chicken Sand Lettuce/ Tomato Baked Beans Peas & Carrots Fruit</p>	<p>10 </p> <p>Spaghetti w/meatsauce Garlic Breadstick Tossed Salad Fruit</p>
<p>13 </p> <p>Chicken Nuggets Mashed Potatoes Green Beans Wheat Roll Fresh Fruit</p>	<p>14 </p> <p>Pizza Garden Salad Corn Fruit</p>	<p>15 </p> <p>Lasagna Fresh Salad California Blend Wheat Bread Stick Fruit</p>	<p>16 </p> <p>Baked Chicken Mashed Potatoes Steamed Broccoli Wheat Roll Fresh Fruit</p>	<p>17 </p> <p>Hot Dogs & Chili Cheese Wedge Baked Beans Coleslaw Fruit</p>
<p>20 </p> <p>Pepperoni Roll Macaroni & Cheese Broccoli & Cauliflower Fresh Fruit Yogurt</p>	<p>21 </p> <p>Chicken Sand Lettuce/ Tomato Potato Rounds Peas & Carrots Fruit</p>	<p>22 </p> <p>Turkey&Ham Sand Pasta Salad Baked Beans Fruit Oatmeal Muffin Squares</p>	<p>23 </p> <p>French Bread Pizza Garden Salad Corn Fruit WW Sugar Cookie</p>	<p>24 </p> <p>Popcorn Shrimp Oven Fries Corn on Cob Fresh Fruit  Yogurt</p>
<p>27 </p> <p>Chicken Nuggets Mashed Potatoes Green Beans Wheat Roll Fresh Fruit</p>	<p>28 </p> <p>Pig in Blanket Cheese Wedge Tator Tots Mixed Vegetables Fresh Fruit</p>	<p>29 </p> <p>Chicken Fajita Cheese/Let/Tomato Refried Beans Bkd Potato w /sr crm Fruit</p>	<p>30 </p> <p>Turkey Mashed Potatoes/Gravy Glazed Carrots Wheat Roll Fresh Fruit</p>	
<p>LCHS Only</p> <p>In addition to regular line: Tues - Cooks' Choice Wed - Salad Bar Thur - Potato Bar Fri - Pizza</p>				<p>Milk is served with all meals. Water is available with all meals. Breakfast is served with your choice of cereal or menu item including juice and milk.</p>