









Lewis County Schools

Hot Lunch Menu



February

2012

Monday	Tuesday	Wednesday	Thursday	Friday
	Milk is served with all meals. Water is available with all meals. Breakfast is served with your choice of cereal or menu item including juice and milk.	1 Chicken Biscuit Sloppy Joe Baked Potato Broccoli Salad Fresh Fruit 	2 Breakfast Bagel Pig in a Blanket Cheese Wedge Baked Beans Potato Wedges Fresh Fruit	3 Cook's Choice Taco Salad Refried Beans Sr Crm/Salsa Banana Bread Sqrs Fresh Fruit
6 Sausage Biscuit Chicken Nuggets Mashed Potatoes Green Beans Wheat Roll Fruit	7 Homemade Cinnamon Rolls Grilled Chicken Sand Lettuce/ Tomato Broccoli & Cauliflower Pasta Salad Fresh Fruit	8 Breakfast Pizza Homemade Salisbury Stk Mashed Potatoes/Gravy Carrots WW Roll Fresh Fruit	9 Churros Chicken Fajitas Let/Tom/Sr Crm Salsa/Black Beans Fruit Oatmeal Muffin	10 Cook's Choice Pizza Tossed Salad Corn on Cob Fruit 
13 Bagels Pepperoni Roll Macaroni & Cheese Steamed Mixed Veggies Fresh Fruit Yogurt 	14 Yogurt Fruit Parfait Happy Valentine's Day Lasagna Fresh Salad Steamed Carrots Wheat Breadstick Fruit	15 Cook's Choice Cook's Choice 	16 Benefit Bars Baked Chicken Mashed Potatoes/Gravy Green Beans Wheat Roll Fruit	17 Cook's Choice Homemade Pizza Tossed Salad Corn Fruit Sugar Cookie 
20 ISE DAY	21 Pancake on a Stick Chicken Nuggets Mashed Potatoes Green Beans Wheat Roll Fruit	22 Sc Eggs/ Sausage / Toast Hamburger Lettuce/Tomato Tator Tots Baked Beans Fruit 	23 Super Donut Rotini w/meatsauce Garlic Breadstick(ww) Tossed Salad Fruit	24 Cook's Choice Hot Dogs w/Chili Cheese Wedge Oven Fries Coleslaw Fresh Fruit
27 Egg & Cheese Biscuit Pepperoni Roll Macaroni & Cheese Steamed Mixed Veggies Fresh Fruit Yogurt 	28 Waffles Steak Hoagie Cheese & Peppers Oven Fries Veggies & dip Fruit	29 Yogurt and Bagels Pizza Tossed Salad Corn on Cob Fruit Apple Crisp	 <p>LCHS Only</p> <p>In addition to regular line:</p> <p>Tues - Cooks' Choice Wed - Salad Bar Thur - Potato Bar</p> <p>www.smartfoods.com</p>	

"This institution is an equal opportunity provider."